

E Ho'omanamaiola

The sacred mana of truth and light

Name: _____

Date: _____

Clearing Protocols

- (1) Clear space around us
- (2) Clean aura
- (3) Clear connection to spirit
- (4) Bring in mana (light) to clear/clean all chakra's
- (5) Run mana through all chakra's (energy centers) in an infinity pattern
- (6) Higher self connect to Akua (spirit)
- (7) Declaration; All guidance be only 100% pure light
- (8) Make connection to 100% pure light guidance
- (9) Begin clearing process:**
 - (a) General House Cleaning
 - (b) Limiting Beliefs/Limiting Decisions
 - (c) Aligning Values
 - (d) Conflict Resolution (Ho'oponopono)
 - (e) Receive gifts from Akua; Mana/Light
 - (f) Integration; Create new neurological connections
 - (g) Pule; Prayer